Junior Group Instruction @ Worcester GC

New Golfers Four Week Program: Spring, Summer & Fall

This four week program is designed for junior golfers ages 7 to 15 of all abilities. Lessons will cover the fundamentals of the grip, stance, aim, and swing skills associated with the chip – putt – full swing. Diane will use drills, fun games, exercises, and maybe video analysis to help/aid in learning the golf fundamentals. Golfers will be introduced to general golf terms & rules, and golf specific exercises to create power – rotation – speed – hand/eye coordination. If your junior has never touched a club, sometimes one or two individual lessons may help them to feel more comfortable before joining up for this 4 week program.

Program Information

- <u>Class Size</u>: 6 (Maximum) / 2 (Minimum). If minimum number of students is not met the program will be cancelled. If you registered for program you will be contacted.
- <u>Fee</u>: \$90 p/p per 4 week session (includes range ball fee and clubs for use during lesson)
- <u>Registration</u>: required (NO DROP-INS) with payment to reserve junior's spot in class.
 Clubs will be provided for those that need them for use during lesson (Please mark on registration form if you're junior needs clubs). Sign up by filling out Clinic Registration Form and sending it to Diane Rama with payment (Cash or Check). You will find Registration form at www.DianeRamaGolf.com on Diane's Instructional Page on right side of page.
- Proper dress is required. Golf shoes or sneakers (Please No baseball or soccer cleated shoes), shorts or pants (Please No jeans), collared shirt. If you are not sure of what to wear please contact Diane.

Class Schedule

- April 9, 16, 23, 30 4:30 to 5:30pm (Age Group: 13 to 15)
- April 12, 19, 26, May 3 12:30 to 1:30pm(Age Group: 10 to 12)
- April 14, 21, 28, May 5 4:30 to 5:30pm (Age Group: 7 to 9)
- July 7, 14, 21, 28 4 to 5pm(Age Group: 13 to 15)
- July 9, 16, 23, 30 10 to 11am (Age Group: 10 to 12)
- July 11, 18, 25, August 1 10am to 11am (Age Group 7 to 9)
- September 8, 15, 22, 29 4:30 to 5:30pm (Age Group 13 to 15)

- September 11, 18, 25, October 2 4:30 to 5:30pm (Age Group 10 to 12)
- September 13, 20, 27, October 4 10 to 11am (Age Group 7 to 9)

Frequently Asked Questions

Where and when do we meet? Diane will meet junior golfer in the front of the pro shop area.

What to wear? Please no jeans, tank tops, or tee shirts. Do wear pants or shorts with pockets, and golf shoes or a flat soled athletic shoe.

Make-up classes: No make-ups for missed session(s).

<u>Weather cancellations</u>: In the event of inclement weather, your class may need to be rescheduled. Diane will attempt to contact you via phone, text, or email. If the weather looks threatening where you are and you have not heard from Diane, call or text Diane at 215-896-3764 to check for cancellations.

When do I pay for lesson? Group lesson payment is due at the time of sign up/registration. Fill out registration form and send form with payment to Diane Rama. You can find registration on Diane's website on the Instructional Page. Cash or Check.

<u>Do juniors have to bring equipment or can they borrow equipment?</u> *Diane will provide equipment for use during class, if needed. Please request in advance.*

How old do juniors have to be to start lessons? Diane starts / offers instruction for juniors at 7. It will vary due to ability level of each individual junior.

<u>How many lessons are needed before juniors can go on the course?</u> The answer varies with ability but usually 4 to 8 Individual or Clinic lessons to get them on the course.

<u>What is the cost of equipment?</u> Prices range from \$20 per club to \$400 for a more advanced junior set. Good sets costing between \$100 and \$200 are the norm.

Contact Diane Rama, LPGA Professional to learn more about her Junior Golf Lesson Programs. 215-896-3764 or dianeramagolf@gmail.com